



Pre-K Breakfast & Lunch Menu September 2020

Student Breakfast - \$1.25
 Adult Breakfast - \$1.75
 Student Lunch - \$2.65
 Adult Lunch - \$3.70

- *unless eligible for free/reduced meal program
- Fresh fruits and vegetables served daily.
- V Denotes vegetarian item
- P Denotes pork item
- All meals served with 1% white milk
- *Menu subject to change

STAY UP TO DATE

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LISD Child Nutrition

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Monday

7
 Labor Day
 No School

14
BREAKFAST
 Chocolate Chip Muffin V
 Apple
LUNCH
 Grilled Cheese Sandwich V
 Broccoli
 Orange

21
BREAKFAST
 Fudge Poptart V
 Yogurt
LUNCH
 Cheese Quesadilla V
 Kickin Pinto Beans
 Fruit Juice Blend

28
BREAKFAST
 Cheerios® Cereal V
 Apple
LUNCH
 Popcorn Chicken w/Roll
 French Fries
 Applesauce

Tuesday

1
 No School

8
BREAKFAST
 Egg Patty Bagel Melt V
 Applesauce
LUNCH
 Chicken Patty Sandwich
 Corn
 Mandarin Oranges

15
BREAKFAST
 Breakfast Pizza
 Orange
LUNCH
 Chicken Patty Sandwich
 Refried Beans
 Applesauce

22
BREAKFAST
 Egg Patty Sausage Bagel
 Applesauce
LUNCH
 Beef Finger
 Corn
 Pineapple

29
BREAKFAST
 Kolaches P
 Orange
LUNCH
 Chicken Patty Sandwich
 Refried Beans
 Peaches

Wednesday

2
 No School

9
BREAKFAST
 Kolache P
 Orange Juice
LUNCH
 Beef fingers
 Mashed Potatoes
 Applesauce

16
BREAKFAST
 Bacon & Egg Biscuit P
 Applesauce
LUNCH
 Cheese Pizza V
 Celery Sticks
 Pears

23
BREAKFAST
 Pancake on a Stick
 Orange
LUNCH
 Cheese Pizza V
 Baby Carrots
 Applesauce

30
BREAKFAST
 Egg, Bacon Sandwich P
 Applesauce
LUNCH
 Chicken Fried Steak
 Sandwich
 Mashed Potatoes
 Fruit Juice

Thursday

3
 No School

10
BREAKFAST
 Rice Krispies® Cereal
 Apples
LUNCH
 Chicken Penne Alfredo
 Carrots
 Mixed Fruit

17
BREAKFAST
 Confetti Pancakes V
 Apple
LUNCH
 Hamburger
 French Fries
 Orange Juice

24
BREAKFAST
 Cheerios® Cereal
 Apple
LUNCH
 Hamburger
 Broccoli
 Mandarin Oranges

Friday

4
 No School

11
BREAKFAST
 Blueberry Muffin V
 Banana
LUNCH
 Pizza Sticks w/Sauce V
 Broccoli
 Craisins

18
BREAKFAST
 Cheerios® Cereal V
 Craisins
LUNCH
 Pizza Sticks w/Sauce V
 Baby Carrots
 Apples

25
BREAKFAST
 Blueberry Muffin V
 Banana
LUNCH
 Pizza Sticks w/Sauce V
 Cucumber
 Craisins



This institution is an equal opportunity provider.